

# Bluecat Snack Bar

HS Campus - Lunch



## Special Announcements:

- \* Choice of milk each day
- \* Grape juice served Monday, Wednesday and Friday
- \* Fruit punch served Tuesday and Thursday

April

Monday

Tuesday

Wednesday

Thursday

Friday

# Spring

Steak fingers / roll  
Chicken nuggets/roll  
Glazed carrots  
Black eye peas  
Ketchup/honey must.  
Fresh orange

3

Nachos grande/ w  
tostado chips  
Beef / bean burrito  
Pinto beans  
Green beans  
Picante sauce  
Diced pears

4

Riblet on a bun/sunchip  
Fish Filet/ Brd.slice  
Broccoli  
Whole kernel corn  
Ketchup / mustard  
Diced peaches

5

Turkey/chz. Sandwich  
w/ sunchip  
Corndog  
Garden salad  
Baby carrots/ranch  
Mayo/mustard/ketchup  
Fresh apple half

6

Brd.chicken patty  
Hot dog  
Sunchip  
Garden salad  
Pork-n-beans  
Mustard/ketchup/mayo  
Ranch  
Mixed fruit

7

Chick.strips/brd.slices  
Pepperoni pizza /w  
mozzarella stick and  
tortilla chips  
Green peas  
Whipped potatoes  
Ketchup/honey must.  
Fresh orange

10

Corndog  
Chicken nuggets/brd.slice  
Broccoli  
Steamed carrots  
Ketchup/mustard  
Honey mustard  
Fresh whole apple

11

Tex mex stack/ w  
spanish rice  
Beef / bean burrito  
Garden salad  
Pinto beans  
Picante sauce/ranch  
Diced pears

12

Oven fried chicken/ w  
breadsllices  
Fish Filet/ bread  
Whole potatoes  
Green beans  
Ketchup  
Mixed fruit

13

**School  
Holiday**

14

Corndog  
Bean/ beef burrito  
Garden salad  
Pinto beans  
Ketchup / mustard  
Picante sauce  
Fresh orange

17

Beefy macaroni/ roll  
Chicken strips / roll  
Garden salad  
Baby carrots/ ranch  
Ketchup / honey mustard  
Peaches

18

Ham Hoagie/sunchip  
Chicken nuggets/Brd.slices  
Broccoli  
Black eye peas  
Mayo / mustard  
Ketchup  
Fresh apple half

19

Chick.patty/brd.slices  
Fish filet/Brd.slice  
Broccoli  
Whole potatoes  
Green beans  
Ketchup  
Diced pears

20

Cheese burger  
Hot dog  
Sunchips  
Garden salad  
Pork-n-beans  
Onion  
Ketchup/mayo/mustard  
Mixed fruit

21

Pepperoni pizza  
Bean / beef burrito  
Baby carrots / ranch  
Green beans  
Picante sauce  
Pears

24

Chicken ranch wrap  
Corndog  
Spinach  
Ranch  
Strawberries

25

Beef stew  
Crackers  
Sunchip  
Corndog  
Steamed broccoli  
Black eye peas  
Ketchup / mustard  
Fresh orange

26

Crispy tacos  
Tostado chips  
Chicken nuggets  
Bread slices  
Garden salad / ranch  
Salsa/ honey mustard  
Pickle chips  
Peaches

27

**School  
Holiday**

28

## Did You Know?

Vegetables are a great source of vitamins and minerals that your body needs, and they are even fun to eat, if you grow them yourself! Spring is a perfect time to start a garden with your favorite vegetables. Some of the most popular vegetables grown in our part of Texas are tomatoes, squash, peas, green beans, corn, peppers, cucumbers and okra!



## Grilled Veggie Pita

### Ingredients

- 1/2 cup cream cheese
- 1 tsp. chives, chopped
- 1 tsp. parsley
- 3-4 cups grilled veggies (carrots, zucchini, peppers, eggplant, etc.)
- 4 whole-wheat pitas

### Instructions

1. Place cream cheese, chives and parsley in food processor, pulse until herbs are evenly distributed.
2. Spread 1-2 tablespoons of herbed cream cheese onto inside of each pita.
3. Stuff each pita evenly with grilled veggies.

